

Doctor Karisha Quarrie

Dr Karisha Quarrie is Chief Medical Officer at Life Healthcare, South Africa and a medical specialist-leader working at the intersection of clinical medicine, governance, strategy and health-system transformation.

With a background in forensic medicine, she brings an evidence-driven, systems perspective to healthcare leadership, asking not only what happened when care falls short, but why – and how healthcare organisations can design systems that make excellent care more likely.

Her executive portfolio spans clinical governance, patient safety, clinical risk, patient experience, medical practitioner governance, infection prevention, emergency care, dialysis, pharmacy and value-based care. She has led the development of an organisation-wide clinical governance framework and has a particular interest in translating evidence, ethics and clinical insight into practical healthcare strategy.

Her current interests include the evolving relationship between clinical excellence, healthcare economics, regulation, technology and artificial intelligence. She is a strong advocate for multidisciplinary clinical leadership and for connecting what happens at the bedside with the decisions made in the boardroom.

She is the mother to an adventurous 19 year old, an avid trail runner and stand-up paddle-boarder.



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